

WHAT DO WE KNOW ABOUT ADAPTIVE SEATING INTERVENTIONS?

The functional ability of children and youngsters with disability range from capacity to sit independently without support to an inability to control head and trunk position. Therefore, the complexity of adaptive seating interventions may vary from a simple seating product (the Scallop) to a complex, multi-adjustable seating systems (the X:Panda).

I KNOW A FEW THINGS!



- Adaptive seating can be used to control postural alignment, support independent activities, enable participation and ease caregiver effort.
- The best choice for the seating position seems to be when the optimal postural alignment is in balanced with the position preferred by the child or youngster.
- There is a lack of high quality scientific evidence supporting the use of adaptive seating. However positive, but weak empirical evidence supports the effectiveness of adaptive seating interventions for body function, postural control, arm function and overall clinical outcomes.